

Information for Students Attending a Palmer/Pletsch Be Your Own Designer: Pattern Drafting Five-Day Workshop

Here is a typical schedule and a list of what to bring. At the end I've included information about the optional shopping trip, color analysis, and a little information about the area.

Our "ideal suggested schedule" while you are here is to arrive the day before the workshop and get settled into the hotel. Remember, the hotel will pick you up at the airport. You need to call when you get your luggage. When you make your reservations, don't forget to tell the hotel you are a Palmer/Pletsch student so you can get your special room rate. Call the hotel. **DO NOT E-MAIL.**

Monarch Hotel

12566 S.E. 93rd Ave.

Clackamas, OR 97015

800-492-8700 or 503/ 652-1515

Fax 503/ 652-7509

info@monarchhotel.cc , www.monarchhotel.cc

The hotel will be giving you a coupon each day worth 10% off dinner in the lovely, reasonably-priced hotel restaurant and we will serve you lunch during the workshop, but when you arrive at the hotel, you might want to walk to a nearby store to stock your room refrigerator with a few snacks and drinks. Our local water is wonderful, FYI, so bottled water is just an option, but not very "green."

The hotel is near a major fashion shopping mall and you may want check it out. Nordstrom is a very good place to be fitted for a bra if you've never had that done before, especially if you are full busted.

If you would like to go to downtown Portland, the light rail now comes very close to the Monarch. Ask the front desk for information.

If you have any major food allergies, e-mail our caterer Pat Tippett at ptippett@me.com and tell her foods you have to avoid and the dates of your class. She will try to accommodate by making you a separate dish or eliminating the items from everyone's food. Do this at least one week in advance. Thank you.

One more note: Please do not wear perfume. In the past we have found some students have allergies to it.

Thank you and see you soon!

A handwritten signature in cursive script that reads "Patti Palmer". The signature is written in black ink and is positioned at the bottom left of the page.

Be Your Own Designer: Pattern Drafting

Draft your own bodice, sleeve and skirt block onto Perfect Pattern Paper using your measurements. Tissue fit to perfection.

Using ½ scale patterns you will practice flat pattern drafting principles to design garments.

First project using your drafted bodice: A basic T-shirt in a knit. Learn about ease; create the neckline you want in this easy-to-complete project.

Bring a collection of pictures of fashion ideas you'd like to design. Tricia will help you determine which design you will create for yourself using flat pattern techniques. You will cut and sew the design during the remaining time in the workshop or you can draft additional designs.

Recommended Prerequisites: Palmer/Pletsch Fit Workshop and Pant Fitting and Sewing Workshop

Palmer/Pletsch **Be your Own Designer: Pattern Drafting Five-Day Vacation Schedule**

Day 1: The Bodice Sloper

Bring to class: Pattern making tools, pattern paper, muslin, 5 – 6 traced ½ scale front bodices, construction paper.

8:45am	The hotel will shuttle you to the Fabric Depot for class.
9:00am	Introductions, announcements.
10:00am	Measuring the body.
11:00am	Drafting the front Bodice.
Noonish	Lunch
1:30pm	Drafting the back Bodice.
3:30pm	Trueing the Bodice.
4:00pm	Try on the paper pattern, make corrections.
5:00pm	Dart manipulation on ½ scale patterns.
6:00pm	The shuttle will take you back to the hotel.

Day 2: Complete the Bodice, the T-Shirt Sloper

The hotel will shuttle you to the Fabric Depot for class.

9:00am	Cut out and sew up bodice, fit, correct patterns.
10:30am	Drafting a knit sloper
Noonish	Lunch
1:30pm	Drafting a knit sleeve
2:30pm	Cut and sew T-Shirt
4:30pm	Playing with ½ scale designs
6:00pm	The shuttle will take you back to the hotel.

Day 3: The Skirt Sloper

The hotel will shuttle you to the Fabric Depot for class.

9:00am	Drafting the Skirt.
11:30am	Try on paper pattern, make corrections.
Noonish	Lunch
1:30pm	Cut out and sew up skirt, fit, correct patterns.
3:30pm	ew skirt to bodice, insert zipper, try on.
5:00pm	Dart manipulation on ½ scale patterns.
6:00pm	The shuttle will take you back to the hotel.

Day 4: Sleeve & Torso Sloper

9:00am	Drafting the Sleeve
10:30am	Cut out and sew up sleeve, correct patterns.
Noonish	Lunch
1:30pm	Sew sleeves into bodice/skirt.
3:30pm	Try on sloper pattern, Yeah!!!!!!!
4:00pm	Drafting the torso sloper
5:00pm	Try on pattern, make corrections to torso sloper.
6:00pm	The shuttle will take you back to the hotel.

Day 5: The Torso Sloper, playing with Designs

The hotel will shuttle you to the Fabric Depot for class.

9:00am	Cut out and sew up torso sloper, make corrections.
10:00am	Playing with ½ scale designs
11:00am	Drafting a full scale design using your slopers.
Noonish	Lunch
5:00pm	The shuttle will take you back to the hotel.
6:00pm	Carpool to graduation dinner.

Palmer/Pletsch
Be your Own Designer: Pattern Drafting
Bring List

Bring the following to Class:

Comfortable, easy-to-change-out-of clothes. Layers are nice so you can adjust to heat and air conditioning.

Your best fitting bra and any other foundations you might wear. You should wear the **same bra** every day of class, especially if you are large busted. (You can have a bra fitting at Nordstrom's at Clackamas Mall near the hotel.)

A lightweight, sleeveless T-shirt with side seams, and a half slip, depending on your modesty. You may want to bring a lightweight robe with narrow sleeves, so you don't have to keep putting on your clothes.

Pattern Drafting Supplies:

- ___ Book – *Patternmaking for Fashion Design* by Helen Joseph Armstrong (any edition)
- ___ One box 1 3/8" extra fine glass head pins and a magnetic pin cushion
- ___ Paper scissors/fabric shears
- ___ Tape measure
- ___ Mechanical pencils
- ___ White plastic eraser (Alvin or Mars)
- ___ Red, yellow, green and blue colored pencils
- ___ 1 roll of 1/2" Scotch Brand Magic Transparent Tape and a weighted dispenser
- ___ 18" see-through, 1/8" gridded plastic ruler
- ___ 6" see-through, 1/8" gridded plastic ruler
- ___ L- square
- ___ Fashion ruler (available at Fabric Depot)
(or Vary Form metal ruler and metal hip curve)
- ___ French curve (can use the top of your fashion ruler)
- ___ Perfect Pattern Paper (available at Fabric Depot)
- ___ Compass
- ___ Tracing wheel
- ___ Tracing paper
- ___ Calculator
- ___ 5 yards Venus Muslin
- ___ 2 yards knit (25% - 50% stretch ratio)
- ___ 1" non-roll elastic to pin around your waist. (Write your name on it.)
- ___ A note pad and pen.
- ___ A camera to record your experiences and new found friends

Former students recommend bringing an empty suitcase just in case you buy fabric at some of our noted fabric stores (especially if you are going on the Shop 'til You Drop trip!).

Mark your supplies with your name before class.

SHOP 'TIL YOU DROP FABRIC STORE TOUR

This is an optional program offered the day following the workshop. We have so many unique fabric stores—more per capita than most cities in the world. The day after the workshop Pati Palmer and Marta Alto will be your guides transporting you to and shopping at our best stores. You will have lunch at the famous Bob's Red Mill—a unique whole grain mill serving delicious healthy lunches. You will leave hotel at 9:15 am. (A minimum of 4 people is needed to offer the shopping trip.)



HAVE YOUR COLORS DONE!

If it has been years since you've had your colors done or if you never have, Ethel Harms is an amazing image consultant who has developed her own color and cosmetic line. This is not a "canned" color palette, as Ethel hand builds your palette according to your hair, eyes, and skin colors. If you make an appointment with her the day or evening before the workshop, she will bring you your color palette two days later and show you how to shop with it. Or, book with her any available evening during the workshop.

Ethel will give you the names of the others (up to 4) who have signed up at the same time and you can contact each other and cab to her studio about 15 minutes from the hotel. She will give you the cab information. E-mail Ethel at eharms@msn.com for an appointment or call 503/699-5501. Color Analysis price for Palmer/Pletsch Workshop Students is \$150. For more about Ethel Harms, visit www.yourimageconsultant.com.

TOUR THE AREA

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are some suggestions on our Web site. You can drive the "loop" going up the Gorge on highway 84 and at Hood River, turn up to Mt. Hood, visit Timberline Lodge and drive back to Portland on highway 26. You can Google these locations for more information. We are also only 1 1/2 hours from the coast. Downtown Portland is unique in that all public transportation is free.