

## **Information for Students Attending a Palmer/Pletsch Be Your Own Designer/Pattern Drafting and Draping 5-Day Workshop**

Here is a typical schedule, the optional shopping trip and color analysis, and a list of what to bring.

Our “ideal suggested schedule” while you are here is to arrive the day before the workshop and get settled into the hotel. Remember, the hotel will pick you up at the airport. You need to call when you get your luggage. When you make your reservations, don’t forget to tell the hotel you are a Palmer/Pletsch student so you can get your special room rate. Call the hotel. DO NOT E-MAIL.

### **Monarch Hotel**

12566 S.E. 93rd Ave.

Clackamas, OR 97015

800-492-8700 or 503/ 652-1515

Fax 503/ 652-7509

[info@monarchhotel.cc](mailto:info@monarchhotel.cc) , [www.monarchhotel.cc](http://www.monarchhotel.cc)

When you arrive at the hotel, you might want to walk to a nearby store to stock your room refrigerator with a few snacks and drinks. Our local water is wonderful, FYI, so bottled water is just an option, but not very “green.” Also, the hotel has a lovely, reasonable restaurant.

The hotel is near a major fashion shopping mall and you may want to go to Nordstrom’s to be fitted for a bra before the workshop as if you are full busted, bras will make a major difference in your fit. It is helpful to wear the same bra daily.

If it has been years since you’ve had your colors done or if you never have, Ethel Harms is an amazing image consultant who has developed her own color and cosmetic line. This is not a “canned” color palette as Ethel hand builds your palette according to your hair, eyes, and skin colors. If you make an appointment with her the day or evening before the workshop, she will bring you your color palette two days later and show you how to shop with it. Or, book with her any available evening during the workshop.

Ethel will give you the names of the others (up to 4) who have signed up at the same time and you can contact each other and cab to her studio about 15 minutes from the hotel. She will give you the cab information. E-mail Ethel at [eharms@msn.com](mailto:eharms@msn.com) for an appointment or call 503/699-5501. Color Analysis price for Palmer/Pletsch Workshop Students is \$125. For more about Ethel Harms, visit [www.yourimageconsultant.com](http://www.yourimageconsultant.com).

If you have any major food allergies, e-mail our caterer Pat Tippett at [ptippett@me.com](mailto:ptippett@me.com) and tell her foods you have to avoid and the dates of your class. She will try to accommodate by making you a separate dish or eliminating the items from everyone’s food. Do this at least one week in advance. Thank you.

### **Be your Own Designer - Pattern Drafting and Draping**

Draft your own bodice and skirt block onto Perfect Pattern Paper. Tissue fit to perfection. Learn to design from these personal blocks.

First project: A basic T-shirt in a knit. Learn to add ease, create the neckline you want in this easy-to-complete project.

Bring a collection of pictures of fashion ideas you’d like to design. Tricia will help you determine which design you will create for yourself using flat pattern and/or draping techniques.

You will cut and sew the design during the remaining time in the workshop or you can do additional designs.

**Recommended Prerequisites:** Palmer/Pletsch Fit and Pant Fitting and Sewing Workshops

*If class size is over 10, Marta Alto and/or Pati Palmer will assist in the fitting.*

**Palmer/Pletsch**  
**Be your Own Designer/ Pattern Drafting and Draping**  
**5-Day Vacation Schedule**

**Day 1: The Bodice Sloper**

Bring to class: Pattern making tools, pattern paper, muslin, 5 – 6 traced ½ scale front bodices, construction paper.

|         |   |
|---------|---|
| 8:45am  | The hotel will shuttle you to the Fabric Depot for class. |
| 9:00am  | Introductions, announcements.                             |
| 10:00am | Measuring the body.                                       |
| 10:30am | Drafting the front Bodice.                                |
| Noonish | Lunch   |
| 1:30pm  | Drafting the back Bodice.                                 |
| 3:30pm  | Trueing the Bodice.                                       |
| 4:00pm  | Try on the paper pattern, make corrections.               |
| 5:00pm  | Dart manipulation on ½ scale patterns.                    |
| 6:00pm  | The shuttle will take you back to the hotel.              |

**Day 2: Complete the Bodice, the Skirt Sloper**

The hotel will shuttle you to the Fabric Depot for class.

|         |   |
|---------|---|
| 9:00am  | Cut out and sew up bodice, fit, correct patterns. |
| 10:30am | Drafting the Skirt.                               |
| Noonish | Lunch   |
| 1:30pm  | Continue drafting the Skirt.                      |
| 2:30pm  | Try on paper pattern, make corrections.           |
| 3:30pm  | Cut out and sew up skirt, fit, correct patterns.  |
| 5:00pm  | Dart manipulation on ½ scale patterns.            |
| 6:00pm  | The shuttle will take you back to the hotel.      |

**Day 3: The Sleeve Sloper**

The hotel will shuttle you to the Fabric Depot for class.

|         |  |
|---------|--|
| 9:00am  | Sew skirt to bodice, insert zipper, try on.  |
| 10:00am | Drafting the Sleeve                          |
| Noonish | Lunch  |
| 1:30pm  | Try on paper pattern, make corrections.      |
| 2:30pm  | Cut out and sew up sleeve, correct patterns. |
| 3:30pm  | Sew sleeves into bodice/skirt.               |
| 4:00pm  | Try on sloper pattern, Yeah!!!!!!            |
| 5:00pm  | Dart manipulation on ½ scale patterns.       |
| 6:00pm  | The shuttle will take you back to the hotel. |

**Day 4: The Torso Sloper**

The hotel will shuttle you to the Fabric Depot for class.

|         |  |
|---------|--|
| 9:00am  | Drafting the torso sloper                          |
| 10:00am | Try on pattern, make corrections.                  |
| 11:00am | Cut out and sew up torso sloper, make corrections. |
| Noonish | Lunch  |
| 1:30pm  | Drafting a knit sloper                             |
| 2:30pm  | Drafting a knit sleeve                             |
| 3:30pm  | Cut and sew T-Shirt                                |
| 4:30pm  | Playing with designs                               |
| 6:00pm  | The shuttle will take you back to the hotel.       |

#### Day 5: Playing with Designs in Half scale

The hotel will shuttle you to the Fabric Depot for class.

|         |  |
|---------|--|
| 9:00am  | Class begins                                 |
| Noonish | Lunch  |
| 1:30pm  | Class continues                              |
| 5:00pm  | The shuttle will take you back to the hotel. |
| 6:00pm  | Carpool to graduation dinner.                |

## Palmer/Pletsch Be your Own Designer/ Pattern Drafting and Draping Bring List

Bring the following to Class:

- Comfortable, easy-to-change-out-of clothes. Layers are nice so you can adjust to heat and air conditioning.
- Your best fitting bra and any other foundations you might wear. You should wear the **same bra** every day of class, especially if you are large busted. (You can have a bra fitting at Nordstrom's at Clackamas Mall near the hotel.)
- A lightweight, sleeveless T-shirt with side seams, and a half slip, depending on your modesty. You may want to bring a lightweight robe with narrow sleeves, so you don't have to keep putting on your clothes.
- If you want to have a patternmaking book, the Helen Joseph Armstrong book is about \$90.00 thru Amazon.com.
- Pattern Drafting Supplies:
  - \_\_\_ One box 1 3/8" extra fine glass head pins and a magnetic pin cushion
  - \_\_\_ Paper scissors/ Fabric Shears
  - \_\_\_ Tape measure
  - \_\_\_ Mechanical pencils
  - \_\_\_ White Plastic eraser (Alvin or Mars)
  - \_\_\_ Red and Blue Colored pencils
  - \_\_\_ 1 roll of 1/2" Scotch Brand Magic Transparent Tape and a weighted dispenser
  - \_\_\_ 18" see-through, 1/8" gridded plastic ruler
  - \_\_\_ 6" see-through, 1/8" gridded plastic ruler
  - \_\_\_ L- square
  - \_\_\_ Fashion ruler (available at Fabric Depot)  
(or Vary Form metal ruler and metal Hip curve)
  - \_\_\_ French Curve

- \_\_\_ 5 yards alpha-numeric pattern paper (available at Fabric Depot)
- \_\_\_ Compass
- \_\_\_ Tracing Wheel
- \_\_\_ Tracing paper
- \_\_\_ Calculator
- \_\_\_ 4 pieces tag board (24" x 36") (available at craft and office supply stores)
- \_\_\_ (Optional) Pattern Notcher
- \_\_\_ 5 yards Venus Muslin
- \_\_\_ 2 yards knit (25% - 50% stretch ratio)
- \_\_\_ 1" non-roll elastic to pin around your waist. (Write your name on it.)
- \_\_\_ A note pad and pen.
- \_\_\_ A camera to record your experiences and new found friends

## **SHOP 'TIL YOU DROP FABRIC STORE TOUR**

This is an optional program offered the day following the workshop. We have so many unique fabric stores—more per capita than most cities in the world. The day after the workshop a tour guide will drive you to our best stores and provide you lunch at a nice Portland restaurant. You will leave hotel at 9:15 am. (A minimum of 4 people is needed to offer the shopping trip.)

## **TOUR THE AREA**

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are some suggestions on our Web site. You can drive the “loop” going up the Gorge on highway 84 and at Hood River, turn up to Mt. Hood, visit Timberline Lodge and drive back to Portland on highway 26. You can Google these locations for more information. We are also only 1 1/2 hours from the coast. Downtown Portland is unique in that all public transportation is free.