

## **Information for Students Attending a Palmer/Pletsch Creative Singing Workshop**

Here is a typical schedule and a list of what to bring. At the end I've included information about the optional shopping trip, color analysis, and a little information about the area.

Our "ideal suggested schedule" while you are here is to arrive the day before the workshop and get settled into the hotel. Remember, the hotel will pick you up at the airport. You need to call when you get your luggage. When you make your reservations, don't forget to tell the hotel you are a Palmer/Pletsch student so you can get your special room rate. Call the hotel. **DO NOT E-MAIL.**

### **Monarch Hotel**

12566 S.E. 93rd Ave.

Clackamas, OR 97015

800-492-8700 or 503/ 652-1515

Fax 503/ 652-7509

[info@monarchhotel.cc](mailto:info@monarchhotel.cc) , [www.monarchhotel.cc](http://www.monarchhotel.cc)

The hotel will be giving you a coupon each day worth 10% off dinner in the lovely, reasonably-priced hotel restaurant and we will serve you lunch during the workshop, but when you arrive at the hotel, you might want to walk to a nearby store to stock your room refrigerator with a few snacks and drinks. Our local water is wonderful, FYI, so bottled water is just an option, but not very "green."

The hotel is near a major fashion shopping mall and you may want check it out. Nordstrom is a very good place to be fitted for a bra if you've never had that done before, especially if you are full busted.

If you have any major food allergies, e-mail our caterer Pat Tippett at [ptippett@me.com](mailto:ptippett@me.com) and tell her foods you have to avoid and the dates of your class. She will try to accommodate by making you a separate dish or eliminating the items from everyone's food. Do this at least one week in advance. Thank you.

One more note: Please do not wear perfume. In the past we have found that some students have allergies to it.

Thank you and see you soon!



# Palmer/Pletsch Creative Serging 4-Day Vacation Schedule

## **DAY 1- 4:**

- 8:45 am The Monarch will shuttle you to The Fabric Depot for class. (Ask driver for schedule for rest of workshop. It will probably be 8:15 except on Sundays.)
- 9:00 am Class Begins.
- 12:30 pm Lunch
- 1:30 pm Class begins.
- 6:00 pm The Monarch will shuttle you back to the hotel.

## **DAY 4:**

- 5:00 pm The shuttle will take you back to the hotel.
- 6:00 pm Car pool to graduation dinner.

## **Bring the FOLLOWING:**

- Your serger packed in its original box if checking on airplane or UPSing to Marta Alto. Include all accessories and the manual, extra needles, knife blades, and feet.
- Sewing supplies: pins, pin cushion (magnetic) scissors, pinking shears (to make your samples look neat), small ruler, tapestry needle or loop turner, any decorative threads you want to try. (We will supply all sample fabric and most threads.)
- Test fabrics: 1/8 yard each or scraps of polyester gabardine, sweatshirting and a silky fabric.
- 2 rolls Scotch Brand double-stick tape or paper clips for mounting samples.
- A pen or pencil for notes.
- Former students recommend bringing a camera and an empty suitcase for purchases.
- Any Palmer/Pletsch serging books you have (or you may purchase at Fabric Depot).

## **TEACHER TRAINING KIT FOR CREATIVE SERGING**

During the workshop you will make a sample notebook which will have all of the samples you need for teaching. There is no Teacher Training Day with Serger, but a TEACHER TRAINING KIT is available. It includes: original camera-ready or printable sample pages for teaching a 1-day Super Beginner Serger Workshop, a 2-day Hands-on Workshop, and a 4-day Hands-on Workshop PLUS 290 slides with script on a CD so that you can also teach slide/lecture seminars. Also, included are pricing ideas and class formats for teaching serger classes as well as marketing ideas and more. You may order on-line. It is \$195. Or, tell us you want to buy a CD and it will be delivered to you during class. Use it to give a slide presentation at your local ASG and promote your hands-on serger classes.

You still qualify to apply for our teacher certification program which we will explain during the workshop.

## SHOP 'TIL YOU DROP FABRIC STORE TOUR

This is an optional program offered the day following the workshop. We have so many unique fabric stores—more per capita than most cities in the world. The day after the workshop a tour guide will drive you to our best stores and provide you lunch at a nice Portland restaurant. You will leave hotel at 9:15 am. (A minimum of 4 people is needed to offer the shopping trip.)



### HAVE YOUR COLORS DONE!

If it has been years since you've had your colors done or if you never have, Ethel Harms is an amazing image consultant who has developed her own color and cosmetic line. This is not a “canned” color palette, as Ethel hand builds your palette according to your hair, eyes, and skin colors. If you make an appointment with her the day or evening before the workshop, she will bring you your color palette two days later and show you how to shop with it. Or, book with her any available evening during the workshop.

Ethel will give you the names of the others (up to 4) who have signed up at the same time and you can contact each other and cab to her studio about 15 minutes from the hotel. She will give you the cab information. E-mail Ethel at [eharms@msn.com](mailto:eharms@msn.com) for an appointment or call 503/699-5501. Color Analysis price for Palmer/Pletsch Workshop Students is \$125. For more about Ethel Harms, visit

[www.yourimageconsultant.com](http://www.yourimageconsultant.com).

### TOUR THE AREA

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are some suggestions on our Web site. You can drive the “loop” going up the Gorge on highway 84 and at Hood River, turn up to Mt. Hood, visit Timberline Lodge and drive back to Portland on highway 26. You can Google these locations for more information. We are also only 1 1/2 hours from the coast. Downtown Portland is unique in that all public transportation is free.