

Information for Students Attending a Palmer/Pletsch Learn to Sew Jackets Workshop in Portland, Oregon

Here is a typical schedule and a list of what to bring. At the end I've included information about the optional shopping trip, color analysis, and a little information about the area.

Our "ideal suggested schedule" while you are here is to arrive the day before the workshop and get settled into the hotel. Remember, the hotel will pick you up at the airport. You need to call when you get your luggage. When you make your reservations, don't forget to tell the hotel you are a Palmer/Pletsch student so you can get your special room rate. Call the hotel. DO NOT E-MAIL.

Monarch Hotel

12566 S.E. 93rd Ave.
Clackamas, OR 97015
800-492-8700 or 503/ 652-1515
Fax 503/ 652-7509
info@monarchhotel.cc , www.monarchhotel.cc

The hotel will be giving you a coupon each day worth 10% off dinner in the lovely, reasonably-priced hotel restaurant and we will serve you lunch during the workshop, but when you arrive at the hotel, you might want to walk to a nearby store to stock your room refrigerator with a few snacks and drinks. Our local water is wonderful, FYI, so bottled water is just an option, but not very "green."

The hotel is near a major fashion shopping mall and you may want check it out. Nordstrom is a very good place to be fitted for a bra if you've never had that done before, especially if you are full busted.

If you would like to go to downtown Portland, the light rail now comes very close to the Monarch. Ask the front desk for information.

If you have any major food allergies, e-mail our caterer Pat Tippett at ptippett@me.com and tell her foods you have to avoid and the dates of your class. She will try to accommodate by making you a separate dish or eliminating the items from everyone's food. Do this at least one week in advance. Thank you.

One more note: Please do not wear perfume, as in the past we have found some students have allergies to it.

Thank you and see you soon!

A handwritten signature in black ink that reads "Patti Palmer". The signature is written in a cursive, flowing style.

Palmer/Pletsch Tailoring Vacation Schedule

5-DAY WORKSHOP

Day 1:

Bring to class: Your altered jacket pattern, fabric, and interfacing (if you have already purchased them). Do not bring your sewing machine the first day. The goal on Day One is to cut, fuse and pin-fit your jacket. Please eat breakfast provided by the hotel before boarding the shuttle van.

8:45 am The hotel will shuttle you to class at the Fabric Depot. (Ask driver for schedule for rest of workshop. It will probably be 8:15 except on Sundays)

9:00 am Introductions and announcements

9:45 am Class begins.

12:30 pm Lunch

1:30 pm Class continues.

6:00 pm The van will take you back to the hotel.

Day 2-5

The hotel will shuttle you to class at the Fabric Depot.

9:00 am Class begins.

12:30 pm Lunch

1:30 pm Class continues.

6:00 pm Days 2-4 the van will shuttle you back to the hotel.

5:00 pm Day 5 the van will shuttle you back to the hotel.

6:00 pm Day 5 Carpool graduation dinner.

Bring the Following:

Fabric. Quality 100% wool crepe, flannel, gabardine, or tweed for your jacket. (Please bring ½ yd. extra to test interfacings and for making test samples. For those allergic to wool, suit weight silk and linen work well. Please do not bring a plaid, corduroy, or velvet. Remember it is not easy to sew on black!! White can also add time consuming issues. Please pre-steam your fabric if you have a good steam iron. It will save time in class.

For lining we recommend Ambiance rayon or Hang Free polyester or a fun printed blouse-weight fabric. Fabric Depot has all of these.

It is very important to bring a pattern that has been altered to fit you. McCall's 4598 is our current classic blazer with a notched and shawl collar option. A simple cardigan is an easier choice than a notched collar style if you have never made a jacket.

If your fabric is soft, it will need interfacings. We will give an interfacing lesson to show you how to make the right choice. Our line of PerfectFuse interfacings is carried at the Fabric Depot. If you have good shoulder pads, bring them. If not, they are in the store. You may also need the book *Jackets for Real People* to use as your course manual.

Comfortable, easy-to-change-out-of clothes. Layering allows adjustment to heat and air conditioning. Sleeves shouldn't interfere with sewing.

Sewing machine. (If you pack it in its original carton, you can check it on airplane or UPS it to Marta Alto. Bring extra bobbins, zipper foot, and needles. If you can't bring a machine, we may be able to loan you one.)

Sewing supplies: (All are available at The Fabric Depot and you get a student discount.)

- ___ Two full boxes of 1 3/8" extra-fine glass-head pins and a magnetic pin cushion
- ___ Needles (both hand and machine)
- ___ Your machine accessories including a zipper foot.
- ___ Sharp fabric shears or rotary cutter.
- ___ Thread clips or embroidery scissors, tape measure, 6" hem gauge, seam ripper, see-through gridded plastic ruler
- ___ Tape measure

Former students recommend bringing an empty suitcase just in case you buy fabric at some of our noted fabric stores (especially if you are going on the Shop 'til You Drop trip!).

[Mark your supplies with your name before class.](#)

Also, a nice hanger for your jacket will come in handy and a cleaner's bag to go over the finished jacket before packing in your suitcase.

Tailoring Workshop

One-day Teacher Training

(held at Fabric Depot two days after the workshop)

What to wear for photography for your professional PR photo

Do not wear makeup. Ethel will do your makeup and touch up your hair.

You need to wear a good fitting garment preferably in a solid color or small print. Large prints are distracting and often dated. Avoid white as the backdrop is white. Also, don't forget the accessories! We will have some accessories and extra clothing on hand, just in case we feel the garment you brought may not photograph well. It shouldn't look puckered or wrinkled. We have an iron. It should fit well.

Schedule

- 9:00 am Meet in the hotel lobby to car pool to Pati's home. If not enough cars, we will pick you up. If you will have a car and be willing to drive, e-mail Pati for directions to her house at patipalmer@aol.com or call Pati the night before or early that morning at 503 294-0696 for directions.
- 9:30 am Overview of teacher training tools and supplies provided. Pati will explain slides and you will have a chance to practice giving a slide presentation during this day. Marta doesn't use them in the workshop due to time. You will each have a chance to read the script. This presentation is a great overview of our techniques and you can use it for a free or paid seminar to promote your hands-on classes.
- 10:00 am Ethel will begin makeup and hair styling. Pati will show samples of past teachers' photos.
- 12:30pm Lunch.
- 1:00 ish Make up and photography will continue.
Continue with slides. If you have time, bring a jacket pattern trimmed and ready to be fitted by another teacher for practice.
- 4:00 pm Return to the hotel. Or, if you drive, you could take a side trip to Josephine's which is downtown and close to Pati's and wait for traffic to ease up at 6:00. They are open until 9:00 and there are nice restaurants nearby.

SHOP 'TIL YOU DROP FABRIC STORE TOUR

This is an optional program offered the day following the workshop. We have so many unique fabric stores—more per capita than most cities in the world. The day after the workshop Pati Palmer and Marta Alto will be your guides transporting you to and help you shop at our best stores. You will have lunch at the famous Bob's Red Mill—a unique whole grain mill serving delicious healthy lunches. You will leave hotel at 9:15 am. (A minimum of 4 people is needed to offer the shopping trip.)



HAVE YOUR COLORS DONE!

If it has been years since you've had your colors done or if you never have, Ethel Harms is an amazing image consultant who has developed her own color and cosmetic line. This is not a “canned” color palette, as Ethel hand builds your palette according to your hair, eyes, and skin colors. If you make an appointment with her the day or evening before the workshop, she will bring you your color palette two days later and show you how to shop with it. Or, book with her any available evening during the workshop.

Ethel will give you the names of the others (up to 4) who have signed up at the same time and you can contact each other and cab to her studio about 15 minutes from the hotel. She will give you the cab information. E-mail Ethel at eharms@msn.com for an appointment or call 503/699-5501. Color Analysis price for Palmer/Pletsch Workshop Students is \$150. For more about

Ethel Harms, visit www.yourimageconsultant.com.

TOUR THE AREA

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there are some suggestions on our Web site. You can drive the “loop” going up the Gorge on highway 84 and at Hood River, turn up to Mt. Hood, visit Timberline Lodge and drive back to Portland on highway 26. You can Google these locations for more information. We are also only 1 1/2 hours from the coast. Downtown Portland is unique in that close-in public transportation is free. The MAX line to downtown is just across from the Monarch Hotel. The Spirit of Portland has a wonderful lunch and dinner river cruise that is quite reasonable and very classy.