

Information for Students Attending the 4-Day Palmer/Pletsch
PANT FIT & SEW WORKSHOP
in Philadelphia, PA



Dear Workshop Attendee,

Here is information about the schedule, what to bring, the hotel, the optional shopping trip, bra fitting, and a little information about the area.

The workshop is held in the classroom at Steve's Sewing.

314 S. Henderson Rd.

King of Prussia, Pa 19406

www.stevessewandvac.com

Phone: 610.768.9453 or 800.585.9453

e-mail: steves@stevessewandvac.com

Store Hours:

Mon - Fri 10:00am - 9:00pm

Saturday 10:00am - 5:00pm

Sunday 12:00pm - 5:00pm

Our "ideal suggested schedule" while you are here is to arrive the day before the workshop and get settled into the hotel. You could visit Steve's Sewing or go to the mall for a bra fitting.

Hotel information: The closest hotel to Steve's Sewing is **The Alloy King of Prussia - A DoubleTree by Hilton**. If you will not have transportation, we recommend this location so that we can easily transport you to/from Steve's Sewing. <https://www.hilton.com/en/hotels/phlvfdt-the-alloy-king-of-prussia/>.

There are many other hotels within 2 miles of Steve's Sewing. Google "Hotels in King of Prussia PA" for a listing. These would be in the Mall area, near shopping and restaurants.

Airport/Transportation Information: Book your flight to the Philadelphia International Airport (PHL). Shuttles to and from the airport are available by reservation - contact Tropiano Shuttle service at (800) 559-2040. \$29.00 one way (price is subject to change)

If you are staying at the DoubleTree hotel, Pamela will be happy to arrange rides to and from the hotel and Steve's Sewing. Contact Pamela for arrangements. If you are driving, pull up to the curb in front of the store to unload. I'll have carts available for your gear. I'll have the doors open from 8:30-9:00 am for your arrival. (The store doesn't open until 10am.)

Food: Pamela will have coffee, water, fruit, and snacks throughout the day. Lunches will be catered. If you have any dietary restrictions, please let Pamela know.

A note about perfume: Please be careful with perfume—it is best not to wear any at all. Many people are sensitive to it.

NYC Shopping Trip: If you haven't registered and want to go fabric shopping on Monday, let me know as soon as you can. If there are open spots, I have lots of customers who are anxious to go. Your trip includes your transportation (via Pamela's car!), lunch in NYC, fabric shopping and a possible field trip to an interesting fabric related business.

If there is anything I can do or if I can answer any questions for you, please do not hesitate to ask. I look forward to seeing all of you soon!

Pamela Leggett



Introducing Pamela Leggett, Palmer/Pletsch Certified Sewing Instructor

Pamela has been teaching sewing since 1981 and has been teaching Palmer/Pletsch Fit and Pant Fit classes since 1999. Specializing in pattern fitting, fine garment sewing skills, knits and serging, she has developed a fun and informative teaching style that is available in her patterns, social media, YouTube channel.

One of Pamela's passions is creating garments that flatter and fit the wearer. Her desire to teach others to achieve the perfect fit led her to the Palmer/Pletsch pattern fitting method, which she has used to help hundreds of women successfully achieve good fit and a renewed love of garment sewing. It is with this knowledge that she created Pamela's Patterns, which have many fitting solutions and adjustments built in the patterns.

Pamela's Patterns have been reviewed and featured in magazines and on-line review sites. Pamela is a contributing writer, book author and video personality for *Threads Magazine*, an instructor

for Craftsy, director of the Palmer/Pletsch Philadelphia and Connecticut Sewing Workshops and a national sewing/serging educator. She has also appeared on PBS's *Sewing with Nancy* and *Canada's The Shopping Channel*.

Pamela lives in Connecticut, where she operates her business and has a teaching program at The Studio at Pamela's Patterns in Vernon CT. She is a national instructor, teaching in-person and virtual classes for guilds, stores, and shows.

<http://www.pamelaspatterns.com>

e-mail: pamela@pamelaspatterns.com

cell/text: 610-804-1640

Palmer/Pletsch Pant Fit & Sew Workshop Schedule — Philadelphia

DAY 1:

9:00 am	Introductions, announcements. Lecture and selecting size.
12:30 pm	Lunch
1:30 pm	Pattern fitting
6:00 pm	Class ends. Enjoy dinner at the hotel or a nearby restaurant.

DAY 2 and 3:

9:00 am	Class begins. Start fabric cutting, sewing, fitting
Noonish	Lunch
1:30 pm	Class continues.
6:00 pm	Class ends.

DAY 4:

9:00 am	Class begins. Finish what needs to be accomplished. Questions, etc.
Noonish	Lunch
1:30 pm	Class continues. Clean up and check out purchases
5:00 pm	Workshop ends
5:30-7:00 pm	Graduation dinner

DAY 5: **OPTIONAL NYC fabric shopping trip.** See page 6 for more information.

Palmer/Pletsch Certified Sewing Instructors: This workshop will give you 40 PDUs.

If you apply for certification within 30 days of the workshop,
you will be able to count this workshop toward the 100 PDU's needed for the year.

What to bring to the Pant Fit & Sew Workshop:

Steve's Sewing carries almost anything you could possibly need for this workshop, including beautiful Designer fabrics. My goal is for you to fit and sew several patterns during your four days— and learn tons of techniques! Each person will have a cutting and sewing work space.

You will be spending a lot of time in your underwear, so make sure yours fit well, don't have VPL (visible panty lines) and don't leave creases around your curves. If you are modest, close fitting tights or leggings work well, but make sure they don't change your size or make indentations. Best thing to wear? Tights/leggings, a camisole and a dress/long shirt to wear over them.

Patterns – You will have a choice of patterns to make pants from, but we will all start off with the same one to learn fit. Pati Palmer has graciously allowed me to use my pattern, #113 Pants...Perfected from Pamela's Patterns. It comes with the pattern and a 2.5 hour Instructional DVD. If you would prefer, you may also use McCall's Palmer/Pletsch pattern #6901. They are the same style and the fitting techniques are very similar. If you have other pant styles you would like to make, please bring those patterns as well. Jeans are especially fun to fit and sew, and can be made from lots of different fabrics!

Fabrics – Bring any prewashed fabrics you may want to use. Remember, Steve's has lovely fabrics as well! For your first pair, choose good quality fabric with a nice drape and no stretch. Using cheap or stiff fabric makes fitting pants extremely difficult. You will need 2 ½ yards for each pair. We can sometimes do some creative piecing if your yardage is less. You may want to bring fabric with stretch, such as a stretch woven, for the second pair you make.

Book – *Pants for Real People* — available at Steve's.

Machines – If you are driving, bring your own sewing machine and serger (optional, if you own one). Bring bobbins and all the basic accessory feet and an edge joining/edge stitching foot. If you are flying, Steve's will be happy to provide machines for you. There will be two "community" sergers set up, one with light thread and one with dark thread.

Thread – sewing thread for your fabrics and basic color cone thread for the serger (white, tan, black, grey – you don't need all of these!)

Notions

- Perfect Pattern Paper by Palmer/Pletsch
- 5/8" elastic, 2" smaller than your waist, sewn into a circle. If you don't have 5/8" elastic, you can use Pamela's Patterns Fantastic Elastic, which can be cut to any width. It is available at Steve's.

Sewing Supplies

- Glass head pins (2 boxes) and magnetic pin cushion
- Tape measure, seam ripper, marking tools, basic sewing supplies
- Scissors, rotary cutter, quilting ruler (at least 2" X 18"), Curvey ruler
- Paper, pencil, red and black marker (not a Sharpie!). My favorite marker is Flair by Paper Mate.
- A 1½" binder with lots of page protectors is great for storing handouts and pattern pieces. Gallon size ziplocks are also helpful.
- Scotch Magic Transparent Tape. Ideal width (but hard to find) is ½", but ¾" is fine. The tape should be in a weighted dispenser.
- Hangers for your garments-in-progress.

OPTIONAL OPPORTUNITIES



New York City Garment District Tour:

This is an optional program offered the day following the workshop. The day after the workshop join Pamela Leggett for a Shop 'til You Drop trip to New York City fabric stores throughout the garment district. You will leave for NYC around 8:00 am and return around 9:00 pm. New York City is a fabulous place to visit and shop for fabrics, trims, buttons and so much more! Pamela will be your guide for the day as we travel to the Big Apple to explore Mood (Project Runway's store), B & J's (Pamela's favorite), and other stores in the Garment District.

Included in the price of \$150 are round trip fare, tour guide, and a deli lunch. A minimum of 4 people is needed to offer the shopping trip.



Have a Professional Bra Fitting

The renowned King of Prussia Mall Has a premier Nordstrom location that offers a wide variety of sizes and styles, along with a trained staff to help you get the perfect fit.



Tour the Philadelphia Area:

If you have time to tour our beautiful region before or after the workshop, or if you have a companion with you who came to tour, there is much to see and do in the Philadelphia area. Old City is the birthplace of our founding fathers and home of the Liberty Bell and Independence Hall. Fabric Row is Philadelphia's fabric district with wonderful shopping. The theatre district offers all kinds of cultural events that rivals NYC. The Art Museum is spectacular inside and out (you can even stand in Rocky's "shoes" at the top of the steps!). The Delaware River is the location of many fine cruises and the Battleship New Jersey. And did we mention food? No trip to Philly would be complete without getting a cheese steak sandwich at Geno's, Pat's, or Tony Luke's!

Check out www.visitphilly.com for even more to see and do.

